

# Choy Li Fut Kung Fu: The Dynamic Fighting Art Descended From The Monks Of The Shaolin Temple By Doc-Fai Wong

**By Doc-Fai Wong**

Doc-Fai Wong (Author of Shaolin Five Animal Kung-Fu) Choy Li Fut Kung-fu: The Dynamic Fighting Art Descended from the Monks of the Shaolin Temple (Unique

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Choy lay fut kung fu instructor Chi Chung Choy Lay Fut Kung Fu and Its Secrets for Fighting Multiple Attackers In choy lay fut (also spelled choy li

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Wushu Sanda Shaolin Kung Fu. Nei Kung Sport Club. Activities. Martial arts. Karate. MMA. Choy Lee Fut Kung Fu. Interests. Tuning fork. Endocrinology. Wushu.

Chan Heung was the founder of the Choy Li Fut style of Chinese martial arts. It was an early Chinese fighting art. founder of Shaolin kung-fu.

Hong De Choy Li Fut, Inc. 508 Prior Avenue St. Paul, Minnesota 55104 651-329-7844 sifu@hongdekungfu.com

The progenitors all Shaolin monks from the south temple. Li Yao Shan, Doc Fai Wong looks prett good for Choi Li Fut but if your in San Chinese Kung Fu--

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Master Li Siu Hung; Instructors; Classes. Adult Kung Fu; Kids Kung Fu; Kickboxing/MMA; Tai Chi; Private Lessons; Lion Dance; School Information. Choy Lay Fut Kung Fu

Dynamic Fighting Art that Descended from the Monks of the Shaolin Temples, also known as Southern Chinas s most powerful style of Kung-Fu.-Doc Fai Wong-Choy Li

This book gives a great overview of Choy Li Fut Kung Fu! It talks about the lineage and history which I find fascinating. The book also covers ALL the basics which is

for Choy Li Fut Kung Fu: The Dynamic Fighting Art Dynamic Fighting Art Descended From the Monks of Shaolin Five Animals by Doc Fai Wong

Techniques of the Southern Kung Fu styles, making Choy Li Fut one of the most Choy Li Fut/Cai Li Fo style of fighting is Grandmaster Doc Fai Wong,

Doc-Fai Wong is the author of Choy Li Fut Kung-fu published 1985) and Shaolin Five Animal Kung-Fu (3.54 avg rati register; tour; sign in Doc-Fai Wong s

Jul 31, 2015 In 2010 Choy Li Fut Kung Fu master Niel Willcott taught the small arrow fist form. To learn Choy Li Fut Kung Fu in Norwich, UK. Follow the link below. <http>

skills like shading and blending. Each of the designs is printed on a page with a blank back, so you can remove the art from the book and frame it, if you like.

to promote Choy Li Fut world-wide. Wong Doc-Fai also Kung Fu: The Dynamic Fighting Art Descended From the Monks of the Shaolin Temple by Doc Fai Wong

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